

VISICOL #28 BOWEL PREPARATION

PATIENT NAME: _____

DATE OF COLONOSCOPY: _____ **TIME:** _____ **PLACE:** _____

#1 FIRST DOSING REGIMEN

- Begin your first dosing regimen The day prior to the exam.
- Follow your doctors instructions about What you can and cannot eat or drink.
- Take 4 VISICOL Tablets with at least 8 oz. of any clear liquid every 15 minutes.
- **The last dose should be taken with 12 oz. of gingerale.**
- Do not exceed 20 tablets.
- Remain close to toilet facilities.
- Special Instructions: _____

#2 SECOND DOSING REGIMEN

- See below for start time of 2nd dose.
- Follow your doctor's instructions about what you can and cannot eat or drink.
- Take 4 VISICOL Tablets with at least 8 oz. of any clear liquid every 15 minutes.
- **Your last dose should be taken with 12oz. of gingerale.**
- Do not exceed 12 tablets.
- Remain close to toilet facilities.
- Special Instructions: _____

#3 TABLE CHECK-OFF CHART

For each of your two dosing regimens record the VISICOL Tablets you have taken using the two charts below. Begin by recording the Start Date and Time of each Dose. After swallowing each dose, check off the appropriate dose, and start the next at 15 minutes intervals.

FIRST DOSING REGIMEN

START DATE _____

TAKE 4 TABS EVERY 15 MINUTES

DOSE	TIME	DOSAGE	CHECK
Dose 1	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	
Dose 2	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	
Dose 3	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	
Dose 4	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	
Dose 5	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	

TOTAL: 20 TABLETS OVER 1HR. 15 MIN

SECOND DOSING REGIMEN

START DATE _____

TAKE 4 TABS EVERY 15 MINUTES

DOSE	TIME	DOSAGE	CHECK
Dose 1	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	
Dose 2	<input style="width: 40px;" type="text"/> : <input style="width: 40px;" type="text"/>	4 tablets with 8oz.	

TOTAL: 8 TABLETS OVER 30 MIN

***IMPORTANT:** For best results please drink at least 8 ounces of liquid with each dose. Remember to take your last dose with 12oz. of gingerale..Continue to drink as much additional fluids as you can tolerate.

*****Nothing by mouth 5 hours prior to arrival time*****